

# **TDCAA CURLING 2021**

## **PLAYING REGULATIONS**

### **PART A: SAFETY REQUIREMENTS**

#### **Ontario Physical Activity Safety Standards in Education (OPASSE)**

All coaches must review and follow the most recent copy of the [OPASSE GUIDELINES](#) for the sport they are coaching (under Secondary, Interschool)

Please take special note of the following requirements associated with:

Risk Management

First Aid

Special Rules/Instructions

Supervision

Coaches Expectations & Qualifications (for further information on sport specific NCCP training, visit [www.coach.ca](http://www.coach.ca) )

Excursion/Permission Forms: [TCDSB](#) [OPHEA SAMPLE](#)

#### **Concussion Awareness and Safety**

In accordance with Policy/Program Memorandum No. 158, the TDCAA will follow and support the mandates of Rowan's Law. The following must occur annually, at the commencement of the athletic season:

a) coaches must complete the on-line [TDCAA Coaches Concussion Code of Conduct](#)

b) coaches will have student athletes review and follow a Concussion Code of Conduct:

[TCDSB Student Code of Conduct](#) (in section 8)

[OPHEA's Sample Code of Conduct](#)

c) coaches will provide Ontario Concussion Awareness Resources to student athletes and parents: [Concussion Guides for Athletes and Parents](#)

In the event of a suspected concussion convenors, coaches, and student athletes must follow an established Return to Play Protocol.

Note: TCDSB has established [Concussion Return to Play Protocols](#) for its students and coaches to follow. Non TCDSB participants should reference their Board's or [OPHEA's Concussion Protocols](#)

Coaches may find it useful to have a recognized [Sport Concussion Recognition Tool](#) with them for practices and competition.

## **PART B: FROM TDCAA CONSTITUTION**

TDCAA Curling is an official TDCAA activity. Curling follows OPHEA/OPASSE, OFSAA, and Canadian Curling Association. This will be the official governing rule book governing play.

### **REGISTRATION**

Schools must register for Curling at the designated time. A school may withdraw its team before distribution of the final schedule. The school will be charged only the \$ 25.00 registration fee.

A school who withdraws its team after the schedule has been distributed will assume the following actions:

- automatic \$100 fine
- will be automatically ineligible for competition in badminton the following year. (This can be appealed to the TDCAA executive.)

### **ELIGIBILITY/TRANSFERS**

Eligible athletes must satisfy the By-laws and Standing Rules as per the TDCAA Constitution.

- All eligibility shall be completed electronically through Athletic Eligibility List System (AELS) which is coordinated through the OFSAA office. Athletes as well as Coaches must be included on the

AELS site. Athletic Directors have the code for their schools to access AELS.

- Eligibility must be completed before the first league game. (It is recommended that registration be completed before first practice ). In a single day meet or tournament format , eligibility must be filed at least three days prior to the meet or tournament.
- All coaches and athletes must be included on the AELS site.
- Approved transfers are included on the eligibility form. Athletes who have not been approved must not be included until the athlete has been approved.
- All students who transfer into your school (excluding Grade 9-first year of high school) are ineligible for competition for a period of twelve months from the date of transfer. To become eligible, transfer students must complete the “TRANSFER APPEAL FORM” fully and forward to the TDCAA Transfer Chairperson ( Lorraine Kelly – Senator O’Connor or Tavia Ferreira – St. John Paul II ). An athlete awaiting Transfer Appeal decision is ineligible to play in any games (league or exhibition or tournament). This athlete may practice with the team until the transfer has been approved and the athletic director has been notified.
- An student who transfers into your school in second semester is ineligible to compete in winter sports ( Alpine Skiing; Snowboarding; Swimming; Jr & Sr. Girls’ Volleyball, Boys’ & Girls’ Hockey, and Jr. & Sr. Boys’ Basketball even if their transfer is approved
- An athlete whose transfer is denied has the right to appeal the decision to the TDCAA Transfer Appeal Board.

### **ELIGIBILITY/AGE**

- Girls & Boys
- Open Grades 9-12
- Eligibility for the TDCAA and OFSAA is based on the athlete’s year of birth . An athlete is eligible to compete in high school sports for five years from the time they entered grade nine.
- Please link to the TDCAA website for the dates for each new school year for each division.

There is no appeal to this rule.

### **ELIGIBILITY / ACADEMICS**

An athlete must be a bona fide student at their school.

**Students With Less Than 22 Credits:**

-non-semester schools – must be registered in a minimum of six (6) full day school credit courses.

-semester schools– must be registered in a minimum of three (3) full day credit courses in the semester that Badminton takes place (Fall).

**Students With More Than 22 Credits:**

-non-semester schools – must be registered in a minimum of four (4) full day school credit courses

-semester schools – must be registered in a minimum of two (2) full day credit courses in the semester that Badminton takes place (Fall).

**LEAGUE STRUCTURE**

- A) Curling is a tournament sport . It is played during the day
  
- B) AWARDS – In sports where there is less than six teams , only gold medals will be presented.
  
- C) DEFAULTED GAME – If a team defaults a regular season game , they will not be eligible for playoffs . A school may appeal the decision to the TDCAA Executive provided there were extenuating circumstances.
  
- D) CANCELLATION OF SCHOOL BUSES – If the TCDSB cancels buses for weather conditions, all scheduled games are automatically cancelled

**• PART C: SPORT SPECIFIC INFORMATION**

PLAYING REGULATIONS FOR TDCAA CURLING TOURNAMENT

EQUIPMENT: Proper footwear curling shoes or clean athletic shoes, cross trainers or running shoes, must be worn. No street shoes, boots or cleats. Footwear must be clean as dirt and salt are detrimental to the ice surface. Without a change of footwear, a participant will not be allowed onto the ice.

Sliders and grippers are used only for throwing. Remove sliders and grippers for everything else. Wear loose pants. You need to be able to stretch easily.

To stay warm on the ice bring gloves and extra layers of clothing.

Please return rocks to the appropriate sheets and return brooms to the racks. The number on the middle of handle indicates the sheet. When placing the rocks back, even numbers are against the boards with number 1 and 2 closest to the hack.

If the rock is moving through the house, stop it from hitting the hacks or back boards.

Avoid resting hands and knees on the ice surface as it will cause the ice to melt. Stand up as safely and quickly as possible.

#### SAFETY:

1. Slide rocks on ice. Do not lift rocks. Rocks lifted and dropped on the ice causes damage to the ice surface and the participants. Rocks weigh 44 pounds.
2. Only one person may throw a rock on a sheet at a time, as it is dangerous and destructive to the rocks and other curlers if rocks collide while both are in motion. Never throw a rock unless everyone on the sheet is aware of it. Never try to stop a rock with your hand or foot.
3. When stepping on to the ice surface, always step down with the non-slippery foot.
4. Be courteous to other curlers and use common sense. People can be injured seriously by

horseplay. Brooms are for sweeping or rocks not smashing or horseplay.

#### LENGTH OF GAMES:

Competitive Games: Approximately 1 hour Recreational Games: Approximately 40 minutes

End of Play: A signal will be used to give a "five minute" warning where teams should do their best to finish the end. No new end is to be started after the warning and players are asked to quickly return rocks for the next match.

SCORING: Games will be scored according to : 4 points for a win, 0 points for a loss, 2 points for each tie, 1 point for each end won and a quarter point for each rock that scores. Semi and final matches will be a win /loss situation.

Awards: There are Championship banners for both levels for boys and girls as well as gold, silver and bronze medals in each category.

Tie –breaking : In the event of a tie at the end of round robin or playoff paly due to time constraints, team shootout scores will be used to break the tie.

Recreational teams will play in a pool. The competitive teams will play a round robin.

